

Hi our names are Hope and Briony Westgate, we used to attend Brundall Primary School. We are currently in our last year of University, at Loughborough, studying Psychology. It feels like yesterday that we attended Brundall Primary School and looking back it is clear that the positive encouragement given by Brundall School really helped us to develop and learn the value of hard work. The most important thing we learnt was to never give up and this attitude has helped us to get where we are today. In the future we hope to become clinical or research psychologists as this is an area we are really interested in.

Twins Hope and Briony are a star double act

After taking identical A-levels at the same school, twin sisters Hope and Briony Westgate are heading off to study on the same psychology course at Loughborough University. The 18-year-olds, from Brundall, attended Thorpe St Andrew School and both studied psychology, sociology, maths and general studies. Hope achieved the best results in the school with four A*s, while Briony was just behind with an impressive two A*s, an A and a B.

Their results came yesterday as Norfolk's teenagers combined to post the county's best ever set of A-level results – and the biggest year-on-year increase for five years. Provisional results compiled from dozens of schools showed a big jump in the average points score per student. The average haul at state schools increased by more than 20 points from 745.8 in 2009 to about 767, the biggest jump since 2005.

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RESULTS: Hope, left, and Briony Westgate celebrate A-level success.