6TH DECEMBER 2024

BRUNDALL PRIMARY

WEEKLY NEWS

HOS news

We have had a lovely week in school. It's been very busy with children rehearsing for Christmas performances as well as learning in their classrooms. I have been really impressed with our Year 3/4 children who have been story mapping The Stone Troll, and their retelling of the story has been really impressive. They have worked together as a team and really shown resilience. It has been so positive to see many of our children demonstrating our school value of resilience. We introduced this value last year, and it's been great to hear children talking about being resilient and supporting each other. We believe that building resilience is a lifelong skill and that this can be taught.

What we are we doing in school to support children in becoming more resilient?

We will help the children to develop problem-solving skills so that they are able to begin to solve their own problems rather than us giving them the solutions.
We will praise and reward children who demonstrate the skills of resilience.
We will promote, teach, and model how to be resilient.
We will provide opportunities for children to discuss and manage their emotions and fears.
We will be optimistic and help the children to be optimistic.

How can you help your child to become more resilient?

- **Don't accommodate every need.**

For example, allow the children to confront what makes them uncomfortable or uneasy.

- **Avoid eliminating all risk.**

Giving children age-appropriate freedom allows them to learn their own limits. For example, allow them to help with the cooking in the kitchen.

- **Teach them to problem-solve.**

For example, your child may be anxious about an upcoming test. Ask your child how they can feel more confident. Talk about how to manage time, and practice.

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- **Teach your children concrete skills.**

For example, a shy child might benefit from learning how to introduce themselves to people.

- **Don't provide all the answers.**

Start using the phrase "I don't know," followed by promoting problem-solving. If a child who does not particularly enjoy P.E. is concerned about whether they have P.E. that day, help to find a way to cope.

- **Avoid talking in catastrophic terms.**

For instance, instead of saying "It's really important for you to learn how to swim because it'd be devastating to me if anything happened to you," say "It's really important for you to learn how to swim."

- **Let your children make mistakes.**

This is difficult but will help children learn how to alter their actions. If a child has difficult homework, don't do it for them; instead, ask them what strategies or skills they know that will help them.

- **Help them manage their emotions.**

Teach your children that all emotions are OK. It's OK to feel angry that you lost the game. Also, teach them that after feeling their feelings, they need to think through what they're doing next.

- **Model resiliency**.

Resiliency helps children navigate the inevitable trials, triumphs, and tribulations of childhood and adolescence. Resilient children also become resilient adults, able to survive and thrive in the face of life's unavoidable stressors.

- **Avoid "why" questions.**

Ask how instead. 'How will you cope with spelling tests?

I hope you have a great weekend!
Julie Cornish.

<u>Important Notice: End of Afterschool Clubs</u>

Please note that all afterschool clubs, except Crew Club, will finish for the term on Friday, 13th December. We will be sending out our new offer in January.



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Christmas Performances

If you are attending a performance where one child is performing, and another sibling is in a different year group, once the performance has finished, the sibling can be collected. To do so, you will need to go to your child's classroom where they will be signed out. However, this does not apply to the morning performance.

Christmas lunch booking

Christmas school lunch will be taking place on Thursday, 19th December. If you would like your child to enjoy this festive meal, please make sure to book it via ParentPay by Friday, 13th December. This will ensure our caterers order enough ingredients to prepare meals for everyone. To book, simply log in to your ParentPay account and select the Christmas lunch option for your child. Please note that on this day, there will be no sandwiches, jacket potatoes, or pasta options available, as we will be serving the Christmas lunch o

Flu Vaccinations

Vaccinate UK will be returning to school on 10th December to offer flu vaccinations for any children who missed their previous visit. If your child missed their flu vaccination last time and you would like to book for this session, please use the link below to make your booking: https://eastanglia.schoolvaccination.uk/flu/2024/Norfolk

School Uniform

With the colder weather upon us, we kindly ask that you ensure your child comes to school with a coat each day. This will help keep them warm during outdoor activities and playtimes.

We also kindly request that all school uniform items be clearly labeled with your child's name. This helps us quickly return lost items to the correct class. We have recently received several queries from parents regarding lost uniform, and labeled items can be returned much more efficiently

FOBs Christmas Raffle

The FOBS Christmas raffle is back for 2024!
We have some amazing prizes donated by local businesses.
Tickets are just £1 and available online via the link below. Please share with friends, family and neighbours, everyone is welcome. The draw will take place at 6pm on 18th December after the Christmas Sing-a-long.
https://www.peoplesfundraising.com/raffle/friends-of-brundall-school-xmas-raffle-2024

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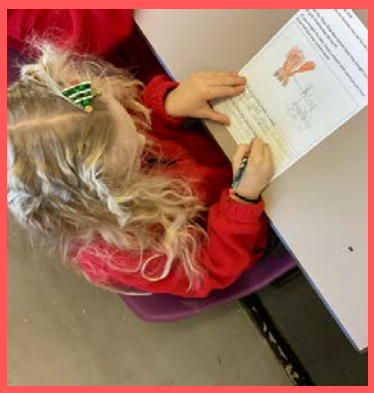
In school this week

This week, Halls class has been thinking about the role of the Wise Men in the Christian story of Christmas. We acted out this part of the Christmas story and thought about what gift we might have given to the baby Jesus.









Christmas magic is in the air, and Blake group is ready to spread the festive cheer!



This week during Circle Time, the Science Ambassadors led the groups in an exciting science experiment to explore: "How high can you make a rocket go?"

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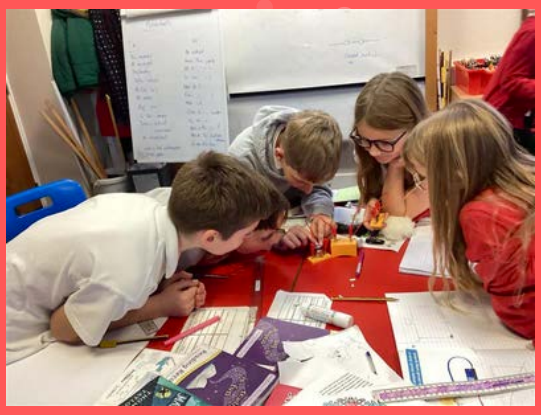
Jackson Class has been investigating building series circuits with different components and recording them in their books with a circuit diagram using symbols.
They enjoyed the new equipment provided by The Ogden Trust.







The children have been having a fantastic time skipping during lunch breaks!



We're pleased to announce that the school newspaper has been launched this week! Your child should have brought home a copy to share with you.
We hope you enjoy reading all about what's been happening in school and the fantastic contributions from our children

CHRISTMAS

Dates

KS1 PERFORMANCE TO YEAR 1 FAMILIES 16.12.24 1.30PM

KS1 PERFORMANCE TO YEAR 2 FAMILIES 17.12.24 9.15AM

EYFS PERFORMANCE TO FAMILIES 17.12.24 1.45PM

CHRISTMAS SING-A-LONG YEAR 3-6 FAMILIES 18.12.24 2.15PM

CHRISTMAS JUMPER DAY AND CHRISTMAS SCHOOL LUNCH 19.12.24

FOBS CHRISTMAS

Online Raffle

£30 Norwich Camping Voucher
£20 Middletons Voucher
£10 Putt Putt Noodle Voucher
£12 KFC Voucher
Sportsparc - Day Pass
Riverside - Family Swim Session
£15 Dotty Pottery Voucher
Family Voucher - Fairhaven Gardens
2x Taster sessions - The Oak Circus Centre
Orchard Toys Game
£10 Putt Putt Noodle Voucher
Family Entry to Strumpshaw Fen
Family Aqua Play - Marina Centre
Family Rover - Mid Norfolk Railway
£10 Kiin Thai Voucher
Book Bugs & Dragon Tales - Book Voucher
Free Hot Drink & Cake - Waterside Cafe
Honey from Brundall Bee
Swim Session - Rackheath Pool
English Whisky Tasting Tour
Admission to Bug Parc
Admission to PleasureBeach





IS YOUR CHILD DUE TO START SCHOOL SEPTEMBER 2025?



BRUNDALL PRIMARY SCHOOL
RECEPTION OPEN SCHOOL EVENT

We are delighted to invite you to our
Reception Open School Event
On the following date:
Thursday 9th January
at
5pm
Come and look around the school and meet some of the staff.
There will be a presentation at 5pm

Please let us know if you will be available to join us.
office@brundall.norfolk.sch.uk

The closing date to apply for your child's school place is 15th January 2025.
We look forward to welcoming you to our school!



Brundall Primary School Facebook Page

SCAN HERE!

Important Dates

DATE	EVENT
16.12.24	KS1 Performance to Year 1 Families 13.30 - 14.30
17.12.24	KS1 Performance to Year 2 Families 09.00 - 10.00
18.12.24	Christmas Sing-A-Long 14.15 - 15.15
19.12.24	Christmas Lunch and Christmas Jumper Day
20.12.24	End of Term
07.01.25	Children Return To School
17.02.25	Half-Term Holiday
24.02.25	Children Return To School